SASKATCHEWAN GUARD TRAINING

PROFESSIONAL SECURITY TRAINING & COURSE CATALOGUE

ONLINE FOUNDATION / PROFESSIONAL COMMUNICATION / USE OF FORCE & DEF-TAC / SPECIALIST TRAINING

Training built for real-world responsibilities.

Practical education for security professionals, protective services personnel, government agencies, private organizations and individuals developing careers in public safety.

SECURITY COURSE	CUSTOM DELIVERY
PROVIDER #156	AGENCY / GROUP

2026 EDITION • SASKATOON, SASKATCHEWAN

DLC Advisory & Training Solutions | Saskatchewan Guard Training | Defence Lab Canada

01 / TRAINING OVERVIEW

Practical education. Professional standards.

Saskatchewan Guard Training is an online training portal operated by DLC Advisory & Training Solutions. Together with Defence Lab Canada, the organization offers foundational security education, professional communication and specialized instructor-led training.

Our training approach

Programs are designed to improve knowledge, situational judgement, safety awareness, communication and performance under realistic operating conditions. Training should connect learned skills to applicable law, employer policy, professional responsibilities and the circumstances of each encounter.

BUILT AROUND THE CLIENT

Agency programs may be adapted to operational roles, authorized equipment, site-specific risks, class experience, policy restrictions and required assessments.

Training pathways

01	**SK Security Guard Basic Course**	40-hour online foundation
02	**PRO-COM 2.0**	8-hour online communication
03	**HFS-PPCT Use of Force**	40-hour in-person training
04	**HFS-Tactical Handcuffing**	8-16-hour in-person training
05	**DL Ground Avoidance & Defence**	8-16-hour in-person training
06	**DL Edged Weapon Defence**	8-16-hour in-person training
07	**Defence Lab Tactical**	16-hour online or Custom agency / specialist

Professional outcomes

- Clearer threat and risk recognition
- Calmer, more effective communication
- Improved legal and policy awareness
- Better reporting and articulation
- Controlled and safer tactical decision-making
- Progressive, supervised practical skill development



02 / LEAD INSTRUCTOR

Dustin Silzer

Lead Instructor / Owner | Saskatchewan Guard Training • Defence Lab Canada • DLC Advisory & Training Solutions

INSTRUCTION	COURSE PROVIDER	PROFESSIONAL
20+ YEARS	SK #156	SK & AB

Professional background



Dustin Silzer brings extensive protective services experience together with more than two decades of martial arts and instructional development. He is a Defence Lab CREW member and designated Canadian National Director of Personnel, and has delivered courses for government organizations, protective services personnel, security firms and public groups.

Recognition & training

- Saskatchewan Police College - DEF-TAC Instructor
- Human Factor Science - PPCT Use of Force / Defensive Tactics Instructor
- Force Science Institute - Realistic De-escalation Instructor
- Approved Saskatchewan Basic Security Guard Course Provider #156
- Professional instructor recognition in Saskatchewan and Alberta
- International Law Enforcement Educators and Trainers Association (ILEETA) member
- Defence Lab DNA Fight Science - Black Grade Instructor
- Defence Lab Tactical / Warrior Krav Instructor
- Progressive Fighting Systems - R.A.T. Instructor
- Jeet Kune Do & Filipino Martial Arts Instructor
- Aikikai Aikido - Nidan (2nd Dan)
- DL Tactical Systems Instructor

Instructional philosophy

Effective training extends beyond memorizing techniques. Students should learn to recognize threats, manage confrontation, make defensible decisions under pressure and respond within their professional authority and personal circumstances.



03 / PROVINCIAL FOUNDATION

Saskatchewan Basic Security Guard Course

Online education for individuals preparing to work in the Saskatchewan private security industry. This foundational course addresses the professional, legal and practical knowledge expected of new security guards.

COURSE	COURSE FEE	EXAM FEE
40 HOURS	$99	$30 EXTRA

APPROVED PROVIDER

Saskatchewan Guard Training is listed as Course Provider #156. The final provincial examination is administered separately through eProctor Canada. Course completion alone does not grant a security guard licence.

Full course components

- Introduction and Provincial Legislation
- Duties and Responsibilities of a Security Guard
- Conduct of Security: Professionalism and Public Relations
- Security Guard and the Legal System
- Access Control and Alarm Systems
- Traffic Control
- Note Taking, Reports and Evidence
- Response to Immediate Crisis
- General Patrol Tactics and Techniques
- Labour Disputes
- Safety Issues for Security Guards

How online learning works

01 ENROL ONLINE Access the course through the online academy.

02 COMPLETE TRAINING Complete the 40-hour training at your own pace.

03 BOOK FINAL EXAM Follow eProctor Canada procedures and pay the separate $30 fee.

04 LICENSING PROCESS Follow provincial licensing requirements after passing the exam.

ONLINE REGISTRATION • saskatchewanguardtraining.com



04 / PROFESSIONAL COMMUNICATION

PRO-COM 2.0

An online professional development course focused on practical communication, effective de-escalation, situational judgement and managing difficult interactions with safety and professionalism.

FORMAT	DURATION	COURSE FEE
ONLINE	8 HOURS	$49.99

Learning themes

- Professional presence and communication fundamentals
- Plain Language and Active Listening
- Recognizing Escalating Behaviour
- Behaviour Awareness and Threat Recognition
- Non-Aggressive Posture and Positioning
- Understanding Communication Barriers
- Decision-Making and De-escalation
- VTL Verbal Tactics Ladder
- Professional Conduct and Documentation

Where this course fits

PRO-COM can serve as a stand-alone online course or be included as a theory component within a customized agency training plan, subject to program scope. It is suited to individuals working in security and protective services and others who routinely manage challenging conversations.

ONLINE COURSE • saskatchewanguardtraining.com



05 / CORE DEFENSIVE TACTICS

Human Factor Science - PPCT Use of Force / Defensive Tactics

A full-length, instructor-led program examining subject control, defensive tactics and use-of-force decision-making through tactical, legal, medical and human-factors considerations.

DURATION	AGENCY RATE	MANUAL + CERT
40 HOURS	$1,250 / DAY	$75 / PERSON

Course components

- Canadian Criminal Code & legal context
- Professional Communication & Realistic De-escalation
- Human Factor Science and Use of Force
- HFS Control Principles
- Tactical Handcuffing System
- Escort Positions and Joint Lock Control
- Pressure Point Control Tactics
- Defensive Counterstrikes
- HFS Shoulder Pin Restraint System
- Impact Weapon System (where authorized)
- Weapon Retention and Disarming (where authorized)

Training structure

The standard full program is five instructional days / 40 hours. Classroom modules are integrated with controlled technical instruction, progressively resistant drills, decision-making practice and practical assessment. Course sections may be added or removed to reflect client requirements and instructor authorization.

Cost and delivery considerations

Instruction: $1,250 per training day. Manuals and certificates: $75 per participant for the combined 40-hour PPCT course package. Client-booked venue, travel by automobile at $0.55/km when required and lodging are additional costs.

PROFESSIONAL AUTHORIZATION

Techniques and equipment taught must be consistent with participant authority, employer policy and applicable law. Attendance or certification does not create authority to carry or use a weapon.



06 / CORE DEFENSIVE TACTICS

HFS-PPCT Tactical Handcuffing

A focused practical program addressing assessment, positioning and safe handcuffing processes for personnel whose operational roles and policies authorize restraint practices.

DURATION	AGENCY RATE	DELIVERY
8-16 HOURS	$1,250 / DAY	IN PERSON

Course components

- Canadian Criminal Code and relevant legal context
- Professional Communication and De-escalation
- Use-of-Force Human Factors
- HFS Control Principles
- Tactical Handcuffing System
- Escort Positions, Joint Locks and Takedowns
- Introduction to Pressure Point Control
- Basic Defensive Counterstrikes
- DL Tactical / Counter-Assault module (optional)

Course objectives

Participants examine safety considerations, subject behaviour, cooperative and resistive handcuffing, reasonable force assessment, arrest or detention limitations, and transitions from communication to control and post-restraint care. Optional modules can extend the course to two days.

AUTHORITY AND POLICY

Handcuffing is role- and authority-dependent. This course does not confer peace-officer powers or separate equipment authorization. Course content is adjusted to the client's legislation and policy framework.



07 / SPECIALIST COURSE

DL Ground Avoidance & Defence

Training emphasizes prevention of unwanted ground engagements, safe recovery and practical self-protection when balance or positioning is compromised during a confrontation.

DURATION	AGENCY RATE	DELIVERY
8-16 HOURS	$1,250 / DAY	IN PERSON

Course topics

- Use of Force and legal considerations
- Human Factors
- Control Principles
- Ground Avoidance Ranges / Zones
- Safe Falls and Breakfalls
- Tactical Get-ups
- Takedown Awareness
- Ground Escape and Defence
- Open and confined environment considerations
- Transition to safe disengagement

Training outcomes

The program addresses common ground positions, their associated risks, techniques for safer recovery and opportunities to disengage where feasible. Practitioners develop an awareness of how environmental conditions and multiple threats can alter ground-related decision-making.

SAFE PRACTICAL DELIVERY

Intensity, resistance and scenarios are scaled to participant readiness. Training prioritizes injury prevention, controlled environments and appropriate instructor supervision.



08 / SPECIALIST COURSE

DL Edged Weapon Defence

This program examines threat recognition and survival-oriented decision-making during edged-weapon confrontations, including circumstances in which escape is constrained.

DURATION	AGENCY RATE	DELIVERY
8-16 HOURS	$1,250 / DAY	IN PERSON

Course components

- Use-of-Force and legal considerations
- Human Factors Reactionary Gap
- Threat Assessment
- Non-Aggressive Postures and Positioning
- Communication and De-escalation
- Evasion - Interception - Control Concepts
- Disengagement Concepts
- Takedowns
- Disarming
- Impact-Weapon Threat Considerations (custom)
- Safe Use of Shock Knife Training Tools

Approach

Training places emphasis on early threat identification, effective verbal and positional choices, maintaining distance, creating barriers and considering available avenues of escape. Physical concepts are introduced within supervised drills, with realistic discussion of limitations and risk.

IMPORTANT SAFETY LIMITATION

No unarmed technique guarantees safety against a weapon. Programs should stress avoidance, disengagement and other lower-risk protective options whenever practicable.



09 / BEHAVIOURAL SELF-PROTECTION

Defence Lab Tactical

Defence Lab Tactical is a professional-training methodology intended to develop behavioural self-protection and adaptability under stress, connecting communication, control, counter-assault response and operational decision-making.

FORMAT **ONLINE**	DURATION **16 HOURS**	COURSE FEE **$99**
DURATION **8-16 HOURS**	AGENCY RATE **$1,250 / DAY**	DELIVERY **IN PERSON**

Program principles

BEHAVIOUR Study pre-assault indicators and psychological, physiological and emotional stress responses.

TRANSFERABILITY Apply a small set of fundamental movement and decision-making principles to different scenarios.

COMMONALITY Link interpersonal communication, control, unarmed self-protection and agency-approved options.

SAFETY Use progressive resistance and controlled drills to develop competence under increasing complexity.

COMPATIBILITY Integrate with established organizational policies, previously learned skills and authorized equipment.

Representative foundation topics

- Pre-assault indicators and preventive positioning
- Nine Attitudes: non-engagement to resolution
- Pre-assault indicators and pre-contact positioning
- Four Pillars of Resistance
- Instinctive movement, response and protective frames
- Counter-ambush survival and reversal drills
- Attack-resolution and transition principles
- Control and arrest theory and body mechanics
- Assaultive and actively resistive subject-control drills
- Dynamic takedowns and functional armbar concepts
- Weapon Protection and Retention Concepts
- Team tactics for high-risk confrontations

COURSE ARRANGEMENTS

Self-paced online foundation learning is available separately. Practical agency, specialist and instructor-development pathways are custom scoped. Duration, permitted content, assessment, credentials and training conditions are confirmed before booking.



10 / PLANNING & PRICING

Training delivery & course conditions

Professional course pricing is designed for organizations booking group instruction. Written quotations clarify scope, participants, deliverables, site requirements, any authorized equipment and anticipated logistical costs.

Published agency rates

COURSE	AGENCY RATE	STANDARD FORMAT
HFS-PPCT Use of Force / Defensive Tactics	$1,250 per day	40 hours / normally 5 days
HFS-PPCT Tactical Handcuffing	$1,250 per day	1-2 days
DL Ground Avoidance & Defence	$1,250 per day	1-2 days
DL Edged Weapon Defence	$1,250 per day	1-2 days
Defence Lab Tactical	Contact for quote	Custom program

Additional charges

- Combined 40-hour PPCT manuals and certificates: $75 per participant
- Automobile travel where required: $0.55 per kilometre
- Lodging where required: actual applicable hotel cost
- Venue rental and facility bookings: client additional cost
- Extra days, specialized modules and resources: separately quoted

Booking and certification

Course content can be added, removed or adjusted by agreement to reflect agency requirements. Bookings are confirmed by written proposal or invoice. Payment in full is required before commencement unless expressly agreed otherwise. Course certificates, where included, require successful completion and assessment; training does not itself grant employment, licensing or enforcement authority.



11 / COURSE ENQUIRIES

Professional training. Practical readiness.

Explore online certification and professional development or request specialized group training for security teams, government organizations, protective services and other eligible personnel.

PROVIDER	TRAINING BASE	INSTRUCTION
SK #156	SASKATOON	ONLINE / ONSITE

Contact Saskatchewan Guard Training

LEAD INSTRUCTOR / OWNER Dustin Silzer

PHONE 306-717-0192

EMAIL info@SaskGuardTraining.com

WEBSITE www.saskatchewanguardtraining.com

For an organizational quote, include

- Organization and contact person
- Requested training program / desired outcomes
- Number of participants and their roles
- Preferred date and delivery location
- Site or venue availability
- Authorized equipment and operating policies
- Prior training / relevant qualifications
- Required certifications and evaluation

Publication notes

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Web references: saskatchewanguardtraining.com | defencelabcanada.com

PROFESSIONAL TRAINING AND COURSE ENQUIRIES

Email info@SaskGuardTraining.com or phone 306-717-0192 to discuss course customization, group instruction and specialized seminars.

