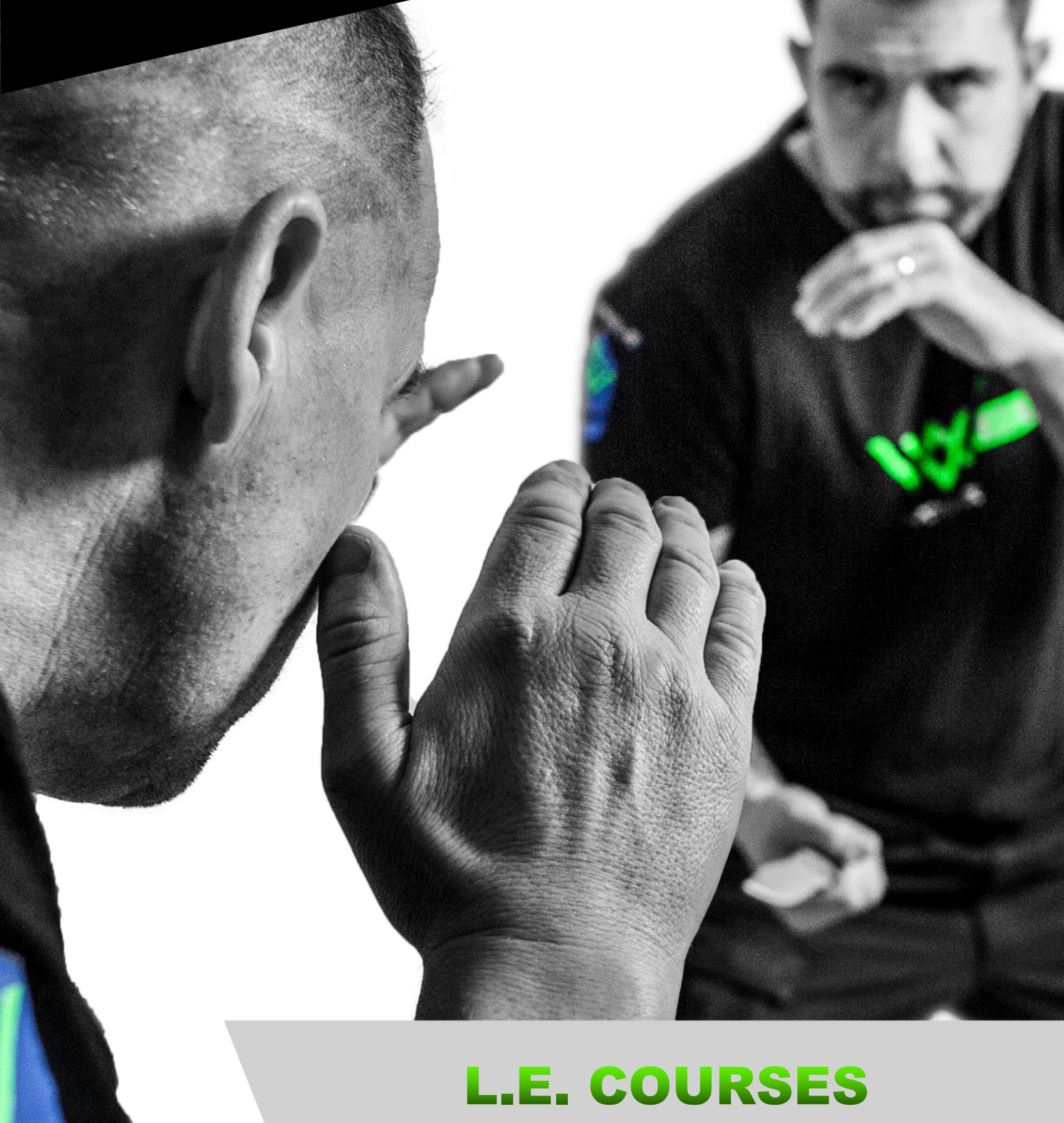


DEFENCE LAB

THE SCIENCE OF DEFENCE



L.E. COURSES

Intellectual Property

The information presented here is drawn from our language architecture and resource manual. It contains many of the unique classroom concepts, principles, process and training development methods we use in the DEFENCE LAB. It is MANDATORY that you treat this material and its contents as intellectual property of DEFENCE LAB - SASKATOON SK CANADA. Disclosure or copying of any of its contents is strictly prohibited. Understand that no part of this document may be copied or reproduced on any type of media electronic or other means without the expressed written permission of Dustin Silzer (Lead Instructor).

About DEFENCE LAB – Saskatoon SK Canada

DEFENCE LAB IS A GLOBAL NETWORK OF SELF-DEFENCE AND FITNESS FACILITIES.

Defence Lab is “a place of investigation”...

The scientific study of physical and mental aspects of reality-based combat and self-defence.

Our Mission is to facilitate relevant, dynamic and progressive high level training that provides an opportunity for all types of individuals to advance their abilities, education and increase survivability in dangerous or violent situations.

At DEFENCE LAB we are looking for improvement before perfection. One should constantly strive for advancement in order to increase capability in often or potentially dangerous occupations. Also, we want all our students to consistently prevail under the duress of real life close-quarter confrontations. Serious students must be prepared to see and apply new concepts, as well as refine older ones and then instil them into the sub-conscious mind through rigorous and dedicated training.

Our full-time and support staff have interacted with individuals from around the world and had the unique opportunity to analyze numerous methods, strategies and tactics. We consider ourselves perpetual students who endeavour to remain that way. With that as a foundation we are able to provide courses, classes and seminars that are practical, functional and integrate moralities and concerns for modern laws

Basic certification classes & courses are scheduled regularly throughout the year. Advanced, custom and private/semi-private training courses are available at request.



About Lead Instructor - Dustin Silzer



Dustin Silzer is the Lead Instructor for Defence Lab Saskatoon SK Canada, also the Defence Lab Headquarters (Valencia Spain) designated Canadian National Director of Personnel & elite CREW member.

He remains active within the industry of Protective Services and professional training certifications.

With his long career in uniform and plain clothe professional fields, he has developed extensive experience and an in-depth understanding of the realities of violence.

Mr. Silzer is a passionate and knowledgeable Instructor who has been involved in the martial arts world throughout his entire life. His passion for the study of and defences against violence has led him to be a Human Factor Science - PPCT Use of Force / Defensive Tactics Instructor, Certified DEF-TAC Instructor through The Saskatchewan Police College, Force Science Institute Realistic De-escalation Instructor, Associate Instructor in IFC - Integrated Fighting Concepts (Jeet-Kune-Do Filipino Martial arts & Integrated Grappling) & IFC ICE Edged Weapon Program Instructor, Progressive Fighting Systems Inc. - Rapid Assault Tactics Instructor, Instructed Aikikai Aikido (Ni Dan Rank) and Lead Instructor in Defence Lab - DNA Fight Science, DL TACTICAL & Warrior D.Lab Krav.

He has also developed the 3RT - Rapid Response Ready Tactics courses for professionals, as well as worked to format our DNA - Women's Self-defence seminar.

He is a recognized Instructor in use of force, defensive tactics and self-defence by the Saskatchewan Ministry of Corrections, Policing & Public Safety. A member of ILEETA - International Law Enforcement Educators & Trainers Association, as well as a Private Investigator & Security Guard Course provider. He has been responsible for developing and teaching courses and seminars to multiple government organizations, private security firms and public groups.

Sask. Private Investigator & Security Guard Course



Course Description

The Private Investigators and Security Guards Act, 1997 requires individuals to hold a valid security guard or private investigators license while employed by a licensed security business in Saskatchewan.

DLC Advisory & Training Solutions (Course Provider #156) is accredited by the Saskatchewan Ministry of Justice, this 40-hour course is the mandatory training requirement for all licensed private investigators and security guards in Saskatchewan. The goal of the program is to increase the knowledge base of the individual thereby increasing the level of safety enjoyed by both the officer and the public encountering private security. It provides knowledge that will assist the officer with his/her duties and to stay within the guidelines of the law. This course is designed to provide the student with everything he/she needs to know to pass the provincial exam and earn a private security certificate.

Final testing is administered by Mr. Dustin Silzer CP# 156 upon course completion. This can be done in person or with our online test conference procedures.

Full Course Components

- Introduction and Provincial Legislation
- The Duties and Responsibilities of a Security Guard
- Conduct of Security: Professionalism and Public Relations
- The Security Guard and the Legal System
- Access Control and Alarm Systems
- Traffic Control
- Note Taking, Reports and Evidence
- Response to Immediate Crisis
- General Patrol Tactics and Techniques
- Labour Disputes
- Safety Issues for Security Guards

Online Academy Recruit

Cost: \$225 per applicant

Duration: At your own pace - 40 hours

DIGITAL LINK - BEGIN NOW

Human Factor Science-PPCT Use of Force System



Course Description

The **Human Factor Science PPCT Use of Force System** is the first subject control system developed through tactical, legal and medical research. Tactically, the system addresses the most common types of resistance officer's encounter, allowing the instructor to maximize training on job related techniques. Legally, the System teaches a simple use of force continuum that clarifies the appropriate force level for every level of resistance. Medical research was conducted on every technique to refine technique efficiency and to ensure the medical implications were proportional to the level of resistance.

Full Course Components

- Canadian Criminal Code
- Professional Communication
- Realistic De-escalation
- Use of Force Human Factors
- HFS Control Principles
- HFS Tactical Handcuffing System
- Escort Position and Joint Lock Control
- Pressure Point Control Tactics
- Defensive Counterstrikes
- HFS Shoulder Pin Restraint System
- HFS Impact Weapon System
- HFS Weapon Retention and Disarming System

Academy Recruit

Agency Cost: \$1,250 per day

Duration: 4-5 days / 40 hours

Travel: .55¢ per km

Lodging: Standard hotel fees at destination location

*Extended duration, travel expenses and lodging will add additional fees to the basic rate

*All invoices must be paid in full prior to course or seminar commencement

*All DLC L.E. courses and seminars are classified as private / semi-private custom training and will be developed upon the client's requirements and requests.



HFS-PPCT Tactical Handcuffing System



Course Description

This is a specialized course comprised of two components. The HFS-PPCT Tactical Handcuffing System and certification, which educates officers on the three types of subjects they will handcuff. Identifies the criteria used to determine if an officer can legitimately handcuff a subject and provides efficient methods to tactically handcuff cooperative and resistive subjects. It also provides all the basic knowledge and tactics an officer will require to control, de-escalate or lawfully and successfully make arrests; as well as defend against violent attacks.

Course Components

- Canadian Criminal Code
- Professional Communication
- Realistic De-escalation (2 day)
- Use of Force Human Factors
- HFS Control Principles
- HFS Tactical Handcuffing System
- Escort Positions, Joint Lock Control & Takedowns
- Basic Pressure Point Control Tactics
- Basic Defensive Counterstrikes (2 day)
- DL Tactical & Counter Assault Tactics (2 day)

Academy Recruit

Agency Cost: \$1,250 per day

Duration: 1-2 days / 8-16 hours

Travel: .55¢ per km

Lodging: Standard hotel fees at destination location

*Extended duration, travel expenses and lodging will add additional fees to the basic rate

*All invoices must be paid in full prior to course or seminar commencement

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3RT - Ground Avoidance & Defence



Course Description

This 3RT Rapid Response Reads Tactics course is designed to provide the essential knowledge and physical skills on how to avoid being taken to the ground during an altercation; as well as how to effectively escape, disengage or gain compliance of the subject if you are found in this position of disadvantage. Strategies and Tactics for both open and confined environments are examined to provide the understanding that anyone may succumb to an attack due to environmental conditions. Attendees will study the 6 most common ground positions and their potential dangers, and are taught how to escape and when necessary control from these 6 positions.

Course Topics

- Use of Force
- Use of Force Human Factors
- Control Principles
- Ground Avoidance Ranges/Zones
- Tactical Get-ups
- Takedowns
- Safe falls / Break falls
- Ground Escape & Defence

Academy Recruit

Agency Cost: \$1,250 per day

Duration: 1-2 days / 8-16 hours

Travel: .55¢ per km

Lodging: Standard hotel fees at destination location

*Extended duration, travel expenses and lodging will add additional fees to the basic rate

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3RT - Edged & Impact Weapon Defence



Course Description

The 3RT Rapid Response Reads Tactics Edged and Impact Weapon Defence System is designed to meet the needs of professionals, as well as for personal defence when confronted by an edged or impact weapon assault and your unable to disengage or retrieve your own weapon. It is based upon a proven reality based effective and efficient; Intercept-Control-Evade philosophy that employs gross motor skills that are compatible with the effects of survival stress. It covers concepts of real weapon attacks; and reviews defence strategies for both threatening assaults and spontaneous assaults inside the reactionary gap.

Course Topics

- Use of Force
- Use of Force Human Factors
- Threat Assessment
- De-escalation & Communication
- Non-Aggressive Postures & Transitional Sympathetic Responses
- Methods of Interception / Defensive Barriers
- Introduction to specialized training equipment (SHOCK KNIFE)
- Edged & Impact Weapon Defensive Tactics

Academy Recruit

Agency Cost: \$1,250 per day

Duration: 1-2 days / 8-16 hours

Travel: .55¢ per km

Lodging: Standard hotel fees at destination location

*Extended duration, travel expenses and lodging will add additional fees to the basic rate

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Defence Lab Tactical



Capabilities

Defence Lab Tactical (DLT) is a progressive methodology for teaching Law Enforcement Officers and Military Personnel behaviour self-protection.

That is self-protection skill based on the behavior patterns demonstrated by attackers and the physiological, psychological and emotional responses of the LEO/MP to dangerous assaults as well as control and arrest situations, prisoner of war handling, extreme close quarters combatives during tactical building assaults and other missions in the military and law enforcement communities

It is designed to take an end user practitioner with minimal or no experience in defensive tactics and unarmed combat to a level of proficiency that will enhance their capabilities in the field.

Effectiveness

The tactics learned in DLT work in real police and military environments and under the pressure of real attacks. They allow the practitioner to maintain or regain physical, psychological and emotional control of the situation, increasing their chances of survivability in dangerous encounters, and their ability to control subjects quickly with minimum damage to themselves or the subjects, if that is the desired result.

Transferability

The Drills and Skills of DLT are unique in that they are designed so that the Certified Instructor can transfer the skills to departmental or unit student and the student can absorb the information quickly and perform the tactics at “street ready” level in the minimum amount of time.

Commonality

DLT focuses on using a few simple fundamental movements and applying the same to various scenarios and levels of use of force. The tactics learned for communicating with agitated subjects and dealing with control situations flow seamlessly into the tactics needed to deal with assaults. Whether its empty hand, pistols, control arrest and handcuffing, defending against knives or tactical entries, DLT training connects to all areas of law enforcement and military training. This is achievable because the tactics are based on the fundamental motions that humans engage under stress or while being attacked.

Practicality and Safety

The DLT drills prepare the trainee to deal with the pressure, impact and chaos of real assaults and subject control problems. This is done following a Progressive Resistance Protocol that allows the trainee to achieve Specific Adaptation to Imposed Demand in a safe manner. Practitioners trained like this are more capable to make appropriate use of force

decisions under pressure and reduces the chances of the trainee over or under-reacting in any given scenario.

Compatibility

The tactics of DLT do not interfere with any previously learned Agency Approved tactics. Instead DLT enhances the officer's abilities to judiciously apply those tactics and skills under pressure. It also allows for the officer to escalate and de-escalate through various levels of force as necessary, as well as transition to other tools such as Tasers, batons, chemicals, and firearms as appropriate.

Completeness

The DLT course and Instructor Trainer Course covers Drills, Skills and Tactics relevant to all aspects of Law Enforcement Use of Force:

1. The use of the Three-Dimensional Attitudes; Relaxed, Alert, Preventive, Survival, Reversal and Engagement. To enhance our ability to communicate on or off Duty during tense situations as well as our ability to survive and resolve dangerous encounters.
2. Detecting Hostile Behavior and Pre Assault Indicators
3. Effective Control and Arrest tactics that smoothly transition to and from counter assault tactics in response to the subjects, choices.
4. Counter Assault Tactics that work under the extreme pressure and chaos of a real determined assault and allow the officer to make appropriate use of force choices.
5. Handcuffing, pat down, and searching positions that allow for maximum safety and transitions as necessary.
6. Weapon Protection skills that allow the officer to maintain control of all the tools in the duty belt.
7. Transition drills that teach the officer how to access the tools available to him in order to escalate, de-escalate and control the situation.
8. All DLT Courses are delivered in an efficient, safe and professional manner by Mr. Tony Torres a 25 year veteran of military, law enforcement and dignitary protection fields of work.

Defence Lab Tactical Law Enforcement / Military Foundation Instructor Certification

(5 days Includes Counter Ambush and Control and Arrest)

- I. Introduction to Defense Lab Tactical and Behavioral Self Protection (Classroom)
 - II. Understanding and Teaching Non-Engagement, Engagement, and Resolution Attitudes
-

(Classroom and Practical)

III. Familiarization / Re-connection with Instinctive movement and Startle Reflex (Practical)

IV. Survival- Reversal Drills- Using Instinctive Frames and Protection To Survive Street Striking and Street Clinching Attacks (Practical)

V. Natural Body Weapons- How to Weaponized Instinctive Movement to Cause Dysfunction of Attackers Ability to Continue Assault (Practical)

VI. Resolution Drills (Practical)

VII. Control and Arrest Theory (Classroom)

VIII. Control Tactics for Active Resistance Fundamental Mechanics Drills (Practical)

IX. Control Tactics and Transitions for Use on Previously Assaultive Subjects (Practical)

X. Multi-Purpose Takedown (Practical)

XI. Control-Out of Control Drills (Practical)

XII. Securing / Handcuffing Tactics

XIII. Teach Backs of All Drills

Academy Recruit

Agency Cost: CONTACT for details

Duration: CONTACT for details

Travel: .55¢ per km

Lodging: Standard hotel fees at destination location

*Extended duration, travel expenses and lodging will add additional fees to the basic rate

*All invoices must be paid in full prior to course or seminar commencement

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Contact & Training Details

Administration

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Website: www.DefenceLabSaskatoon.com

Training Facility Location: Saskatoon, SK
